



Time to Talk

Chat and Share Group

An opportunity for local people with disabilities and or sensory loss to come together as a group to talk about what is important to them, in a friendly and Supportive environment. Come and join us!



- **Date:** Tuesday 30th April 2019
- **Time:** 10.30am - 12.30pm
- **Venue:** Sensory Solutions
Improving Lives Plymouth
156 Mannamead Road
Plymouth, PL3 5QL

Booking is essential.

Phone: 01392 459222 or SMS: 07958 517919 (Text)

Email: info@livingoptions.org

Time to Talk free Phone: 0300 303 3691