



Fundraising Support Pack

Thank you for choosing Living Options Devon

You're joining an amazing community of people doing extraordinary things to ensure that people with disabilities and Deaf people have the opportunity to live the life they choose.

This booklet is designed to give you tips and advice on how to make the most of your fundraising.

If you need any help or support along the way please contact us at: info@livingoptions.org or 01392 459222

A massive thank you and good luck in your fundraising!

About Us

Living Options Devon was founded 30 years ago by Peter Swain OBE. Peter's research in the early 1980s, along with that of those he volunteered with, centered around the extra provision for disabled people and what was available at that time by the statutory and voluntary sectors.

Thirty years on we pride ourselves on still championing the needs and rights of disabled people and members of the Deaf Community (who use British Sign Language (BSL)).

Our aim is for people with disabilities and Deaf people to have the same life chances and opportunities to be active equal members of society.

Every year we support over 6,000 disabled and Deaf people through our projects and services. We offer a range of help and support services for people with a long term health condition, disability and/or who are Deaf, where British Sign Language is their first language.

For more information on the services we offer please visit www.livingoptions.org

How your fundraising helps

All the funds you raise will make a difference to the lives of disabled and Deaf people.

George's story

George is a British Sign Language user. He was keen to get more fit and healthy. He had experienced communication barriers when trying to participate in sports in the past.

Deaf Get Active has provided accessible activities with communication support and George has tried new sports such as volley ball, yoga and boxing. George feels healthier; he has lost weight and has found his general wellbeing has improved. "It has given me the opportunity to take part in new sports. Opened doors to places."



Lets get started

1.Choose your fundraising activity. We have some great ideas on the next page. Make sure it's achievable.

2.Choose where and when.

Is it something you can do at home or work, or is it an organised challenge? Give yourself plenty of time to plan and organise your event.

"Friendliness of people in a similar situation. Good to be able to chat." (Time to Talk service user)

3.Spread the word.

Social media is a great place to start. You can set up an events page and share your Virgin Money Giving Page. Email friends and family sharing your personal reason for fundraising.

4.Have fun!

Whether you are holding a cake sale or running a marathon, make sure you enjoy yourself.

"Really enjoy going. Its Deaf friendly. The coach is changing things to suit the group." (Deaf Get Active and Volunteer participant)

Top Tip

Create an online fundraising page which makes it easy for people to donate

Fundraising Ideas



Organised running event. Lace up your trainers and take part in a running event. Once you have booked your place please contact us and we will make sure you have all the support you need.



Challenge events. If you don't fancy running then you can always cycle, swim, trek or even sky dive, the options are endless.



Cake sale. Why not rustle up some yummy baked treats and invite your family and friends over for a special afternoon tea.

Top Tip

Setting a target is a great way to keep you motivated.

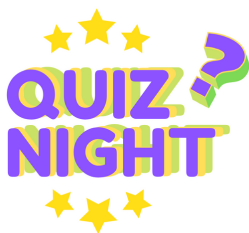
Fundraising Ideas



Non-uniform day. Asking your local school to hold a non-uniform day in aid of Living Options Devon is an easy way to raise some vital funds.



Bingo. Organise a bingo night with friends. You could adapt the game to suit your group of friends e.g. photographs of celebrities.



Quiz night. Hosting a quiz night either online, in a pub or village hall is a great way to bring people together and unleash

"I had no idea that a seemingly simple piece of equipment could change my life so positively" (Living Options Northern Devon service user)

Sending in your money

Whether you have raised £10 or £100, we are extremely grateful - it will make a huge difference. It's easy to pay in what you have raised.

Online fundraising

If you have raised money through Virgin Money Giving then you can sit back and relax, the money will be sent through to us automatically.

By Post

Any cheques can be sent to:

**Living Options Devon
Unit 3-4 Cranmere Court
Lustleigh Close
Matford Business Park
Exeter
EX2 8PW**

Top Tip

Always thank your sponsors - they are more likely to support you again in the future.

At the bank

If you would prefer to pay by bank transfer please give us a call on **01392 459222** or email **info@livingoptions.org** and we will give you the details you need.

FAQs

Can I hold a raffle to raise funds for Living Options Devon?

Yes you can. However, please make sure you read up on the latest regulations with the Gambling Commission.

Can I organise a collection outside a supermarket?

Yes you can. However, you will need permission from the owner of the supermarket first.

Will Living Options Devon support my fundraising activity?

Yes we are keen to help and support all our fundraisers. However, the activity must be lawful and comply with any current government guidelines. If you are unsure please contact us and we will advise you.

"I used to sit at home. Now I'm out and about because of this. Thank you."

(Countryside Mobility service user)

"I feel very calm. I think the exercises look after me. My wellbeing is better." (Deaf Get Active and Volunteer participant)

"I feel more confident because I feel I am in control of any situation that may come up." (See Hear Centre service user)

Thank You

We would like to say a massive THANK YOU for taking the time to raise money for Living Options Devon. Your money will make a huge difference to the lives of people with disabilities.





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