

Home from Hospital

A free support service for patients



Need support to go home or
when recovering at home?

Help for people with a disability or
long term health condition



Home from Hospital

Home from Hospital is a free service run by Living Options Devon for patients who are ready to return home after a hospital stay.

Our team of advisors can help you to find useful information and services to make it easier for you to recover at home.

Your Home from Hospital advisor is ready to listen to your concerns when you return from hospital and offer emotional help and sign-posting.

This service is
supported by NHS
Charities Together



What the service offers

Before you go into hospital, your advisor can help you to identify things that may be difficult to do when you get home, so you can start to plan ahead.

When you are in hospital, your advisor can help you to prepare for a smooth transfer home.

Once you are home your advisor can make check-in calls and help you to deal with short-term needs and concerns. We also provide emotional support if required and talk about other services and community groups that can help you in the longer term.

We do not provide home care or clinical advice and we cannot visit your home to provide practical help, but we can help you to organise these things.



Who is it for?

Home from Hospital support is freely available to people with a disability or a long-term condition or illness, Deaf people, Autistic people and anyone with a sensory impairment.

Currently Home from Hospital can support people attending or leaving North Devon District Hospital and RD&E Hospital, and community hospitals in northern Devon, East Devon and Exeter.

How the service is delivered

Our team will contact you by telephone, text or video calls, depending what suits you. We can send you information by email or in the post.

Home from Hospital is here to help you get home safely and ensure you can receive the support you need in the first few days and weeks at home.

We aim to provide timely support, but do not operate 24/7 and cannot guarantee an immediate response

How you can access the Home from Hospital service

You may refer yourself, or a trusted family member or friend can contact us on your behalf. Alternatively ask a member of staff to refer you.

If you are already receiving support from Living Options Devon, ask your advisor to pass your details to the Home from Hospital service and one of our team will contact you.

We will consider all referrals and provide support where we can. We may direct you to other support services if they suit your needs better.

How to refer to the Home from Hospital service

Contact Living Options Devon on **01392 459222**

or complete a referral form and email it to **info@livingoptions.org**

Alternatively complete and submit the referral form on our website.

livingoptions.org/about-us/options-for-living-project/

We look forward to supporting you.



01392 459222



info@livingoptions.org



www.livingoptions.org
www.ouraccessibilitymatters.org



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For over 30 years, Living Options Devon has provided help and support services for people with a disability or long-term health condition and members of the Deaf Community across the south west.

Living Options Devon is a Registered Charity (1102489) and Company Limited by Guarantee (4925281)